

ORAL PRESENTATION

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# Supporting families and carers during the inpatient admission

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The Royal Brisbane and Women's Hospital Eating Disorder Unit is a Room: State wide public specialist service providing high quality support and intervention to adults requiring an inpatient admission to treat eating disorders.

Family members and carers play a significant role in providing support for their loved one both in the community and during inpatient admissions. A gap in service delivery was noted in the provision of support to families and carers during the inpatient admission. The identification of a nominated family worker (provided by the Social Worker) was developed to ensure that families and carers were able to access support and assistance in a timely manner.

In conjunction with this an information booklet was produced to be given to families on admission of their loved ones as a way of providing detailed, up to date information to better assist and improve the support family members received.

The information booklet was developed in conjunction with consumers, a paid carer representative and other eating disorder professionals.

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